

## DAFTAR PUSTAKA

- Badan Pusat Statistik. (2022). *Profil Anak Usia Dini 2022 i Cover depan.* www.flaticon.com
- Basinger, H., & Hogg, J. P. (2023). *Neuroanatomy, Brainstem.*
- Bento, G., & Dias, G. (2017). The importance of outdoor play for young children's healthy development. *Porto Biomedical Journal*, 2(5), 157–160. <https://doi.org/10.1016/j.pbj.2017.03.003>
- Bidzan-Bluma, I., & Lipowska, M. (2018). Physical Activity and Cognitive Functioning of Children: A Systematic Review. *International Journal of Environmental Research and Public Health*, 15(4), 800. <https://doi.org/10.3390/ijerph15040800>
- Bingham, D., Collings, P., Clemes, S., Costa, S., Santorelli, G., Griffiths, P., & Barber, S. (2016). Reliability and Validity of the Early Years Physical Activity Questionnaire (EY-PAQ). *Sports*, 4(2), 30. <https://doi.org/10.3390/sports4020030>
- Bonora, G., Mancini, M., Carpinella, I., Chiari, L., Ferrarin, M., Nutt, J. G., & Horak, F. B. (2017). Investigation of Anticipatory Postural Adjustments during One-Leg Stance Using Inertial Sensors: Evidence from Subjects with Parkinsonism. *Frontiers in Neurology*, 8. <https://doi.org/10.3389/fneur.2017.00361>
- Bonvin, A., Barral, J., Kakebeeke, T. H., Kriemler, S., Longchamp, A., Schindler, C., Marques-Vidal, P., & Puder, J. J. (2013). Effect of a governmentally-led physical activity program on motor skills in young children attending child care centers: A cluster randomized controlled trial. *International Journal of Behavioral Nutrition and Physical Activity*, 10. <https://doi.org/10.1186/1479-5868-10-90>
- Bouchard Claude, Steven N Blair, & William L. (2012). *Physical Activity and Health.*
- Casale, J., Browne, T., Murray, I. V., & Gupta, G. (2023). *Physiology, Vestibular System.*
- Condon, C., & Cremin, K. (2014). Static balance norms in children. *Physiotherapy Research International : The Journal for Researchers and Clinicians in Physical Therapy*, 19(1), 1–7. <https://doi.org/10.1002/pri.1549>
- Crumbley, C. A., Ledoux, T. A., & Johnston, C. A. (2020). Physical Activity During Early Childhood: The Importance of Parental Modeling. *American Journal of Lifestyle Medicine*, 14(1), 32–35. <https://doi.org/10.1177/1559827619880513>
- Daly, B. P., Eichen, D. M., Bailer, B., Brown, R. T., & Buchanan, C. L. (2012). Central Nervous System. In *Encyclopedia of Human Behavior* (pp. 454–459). Elsevier. <https://doi.org/10.1016/B978-0-12-375000-6.00084-7>
- Daniati, L. (2020). Hubungan Aktivitas Fisik Dengan Indeks Massa Tubuh (IMT) Pada Siswa SMP Negeri 1 Padang. *Jurnal Ilmu Kesehatan Indonesia*, 1(2). <https://doi.org/10.25077/jikesi.v1i2.100>
- Dewi, N. L. A. S., Saraswati, P. A. S., & Sundari, L. P. R. (2019). THE RELATIONSHIP BETWEEN BODY MASS INDEX (BMI) AND FOOT ARCH WITH BODY BALANCE OF 7 – 10 YEARS CHILDREN IN SD NO 1 BAHA. *Majalah Ilmiah Fisioterapi Indonesia*, 7(3), 17. <https://doi.org/10.24843/MIFI.2019.v07.i03.p05>

- Di Bartolomeo, G., & Papa, S. (2019). The Effects of Physical Activity on Social Interactions: The Case of Trust and Trustworthiness. *Journal of Sports Economics*, 20(1), 50–71. <https://doi.org/10.1177/1527002517717299>
- Efendi, V. P., & Widodo, A. (2021). *Literature Review Hubungan Penggunaan Gawai Terhadap Aktivitas Fisik Remaja*.
- Fife, T. D. (2010). *Overview of anatomy and physiology of the vestibular system* (pp. 5–17). [https://doi.org/10.1016/S1567-4231\(10\)09002-7](https://doi.org/10.1016/S1567-4231(10)09002-7)
- Goldfield, G. S., Harvey, A., Grattan, K., & Adamo, K. B. (2012). Physical Activity Promotion in the Preschool Years: A Critical Period to Intervene. *International Journal of Environmental Research and Public Health*, 9(4), 1326–1342. <https://doi.org/10.3390/ijerph9041326>
- Irfan, M., Susanti, J., Utara, J. A., Tomang, T., & Jeruk, K. (2008). *PENGARUH PENERAPAN MOTOR RELEARNING PROGRAMME (MRP) TERHADAP PENINGKATAN KESEIMBANGAN BERDIRI PADA PASIEN STROKE HEMIPLEGI* (Vol. 8, Issue 2).
- Jend, J. (2020). *METODE PENGEMBANGAN KOGNITIF ANAK USIA DINI*. [www.ung.ac.id](http://www.ung.ac.id)
- Jimshleishvili, S., & Dididze, M. (2023). *Neuroanatomy, Cerebellum*.
- Khairi, H. (2018). *Husnuzziadatul Khairi KARAKTERISTIK PERKEMBANGAN ANAK USIA DINI DARI 0-6 TAHUN*. 2(2).
- Khasanah, I., Prasetyo, A., & Rakhmawati, E. (2012). PERMAINAN TRADISIONAL SEBAGAI MEDIA STIMULASI ASPEK PERKEMBANGAN ANAK USIA DINI. *PAUDIA : JURNAL PENELITIAN DALAM BIDANG PENDIDIKAN ANAK USIA DINI*, 1(1). <https://doi.org/10.26877/paudia.v1i1.261>
- Mahmoud, N. F., Hassan, K. A., Abdelmajeed, S. F., Moustafa, I. M., & Silva, A. G. (2019). The Relationship Between Forward Head Posture and Neck Pain: a Systematic Review and Meta-Analysis. *Current Reviews in Musculoskeletal Medicine*, 12(4), 562–577. <https://doi.org/10.1007/s12178-019-09594-y>
- Mayar, F. (2013). PERKEMBANGAN SOSIAL ANAK USIA DINI SEBAGAI BIBIT UNTUK MASA DEPAN BANGSA. *Al-Ta Lim Journal*, 20(3), 459–464. <https://doi.org/10.15548/jt.v20i3.43>
- Moraru, C., Neculaeş, M., & Hodorcă, R. M. (2014). Comparative Study on the Balance Ability in Sporty and Unsporty Children. *Procedia - Social and Behavioral Sciences*, 116, 3659–3663. <https://doi.org/10.1016/j.sbspro.2014.01.819>
- Peraturan Menteri Kesehatan Republik Indonesia. (2020). *PERATURAN MENTERI KESEHATAN REPUBLIK INDONESIA*.
- pica. (2018). *when-teaching-the-whole-child-remember-physical-fitness*.
- Prasad, S., & Galetta, S. L. (2011). Anatomy and physiology of the afferent visual system. *Handbook of Clinical Neurology*, 102, 3–19. <https://doi.org/10.1016/B978-0-444-52903-9.00007-8>

- Pujianto, R., & Darmawan, D. (2018). Physical Activity and Static Balance on Early Childhood. *Journal of Physical Education*, 7(2), 68–72. <http://journal.unnes.ac.id/sju/index.php/peshr>
- Putri, S. R., & Agus Widodo, S. Fis. , Ftr. , M. F. (2023). *Hubungan Aktivitas Fisik Terhadap Keseimbangan Statis Pada Anak Sekolah Dasar Madrasah Ibtidaiyyah Nurul Karim (MINKA) Blulukan.*
- Rahman, D., & Hakim, A. A. (2022). *Pengaruh Modifikasi Aktifitas Fisik Keseimbangan Terhadap Keterampilan Motorik Anak Usia Dini.*
- Rohman Mansur, A. (2019). *TUMBUH KEMBANG ANAK USIA PRASEKOLAH Pertumbuhan dan Perkembangan Anak Usia Prasekolah View project.* <https://www.researchgate.net/publication/337856968>
- Romero-Pérez, E. M., González-Bernal, J. J., Soto-Cámarra, R., González-Santos, J., Tánori-Tapia, J. M., Rodríguez-Fernández, P., Jiménez-Barrios, M., Márquez, S., & de Paz, J. A. (2020). Influence of a Physical Exercise Program in the Anxiety and Depression in Children with Obesity. *International Journal of Environmental Research and Public Health*, 17(13), 4655. <https://doi.org/10.3390/ijerph17134655>
- Sralab. (2013). *Single leg stance or “One-legged stance test” Non-Specific Patient Population.* <http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome>
- Tremblay, M. S., LeBlanc, A. G., Carson, V., Choquette, L., Connor Gorber, S., Dillman, C., Duggan, M., Gordon, M. J., Hicks, A., Janssen, I., Kho, M. E., Latimer-Cheung, A. E., LeBlanc, C., Murumets, K., Okely, A. D., Reilly, J. J., Spence, J. C., Stearns, J. A., & Timmons, B. W. (2012). Canadian Physical Activity Guidelines for the Early Years (aged 0–4 years). *Applied Physiology, Nutrition, and Metabolism*, 37(2), 345–356. <https://doi.org/10.1139/h2012-018>
- Troester, J. C., Jasmin, J. G., & Duffield, R. (2018). Reliability of Single-Leg Balance and Landing Tests in Rugby Union; Prospect of Using Postural Control to Monitor Fatigue. *Journal of Sports Science & Medicine*, 17(2), 174–180.
- van der Fels, I. M. J., te Wierike, S. C. M., Hartman, E., Elferink-Gemser, M. T., Smith, J., & Visscher, C. (2015). The relationship between motor skills and cognitive skills in 4–16 year old typically developing children: A systematic review. *Journal of Science and Medicine in Sport*, 18(6), 697–703. <https://doi.org/10.1016/j.jsams.2014.09.007>
- Veldman, S. L. C., Chin A Paw, M. J. M., & Altenburg, T. M. (2021). Physical activity and prospective associations with indicators of health and development in children aged <5 years: a systematic review. *International Journal of Behavioral Nutrition and Physical Activity*, 18(1), 6. <https://doi.org/10.1186/s12966-020-01072-w>
- Warburton, D. E. R. (2006). Health benefits of physical activity: the evidence. *Canadian Medical Association Journal*, 174(6), 801–809. <https://doi.org/10.1503/cmaj.051351>

- Webster, E. K., Martin, C. K., & Staiano, A. E. (2019). Fundamental motor skills, screen-time, and physical activity in preschoolers. *Journal of Sport and Health Science*, 8(2), 114–121. <https://doi.org/10.1016/j.jshs.2018.11.006>
- World Health Organization. (2018). *GLOBAL ACTION PLAN ON PHYSICAL ACTIVITY 2018-2030*.
- World Health Organization. (2019). *GUIDELINES ON PHYSICAL ACTIVITY, SEDENTARY BEHAVIOUR AND SLEEP FOR CHILDREN UNDER 5 YEARS OF AGE*.
- Yanovich, E., & Bar-Shalom, S. (2022a). Static and Dynamic Balance Indices among Kindergarten Children: A Short-Term Intervention Program during COVID-19 Lockdowns. *Children*, 9(7), 939. <https://doi.org/10.3390/children9070939>
- Yanovich, E., & Bar-Shalom, S. (2022b). Static and Dynamic Balance Indices among Kindergarten Children: A Short-Term Intervention Program during COVID-19 Lockdowns. *Children*, 9(7), 939. <https://doi.org/10.3390/children9070939>
- Yasmasitha, Z., & Sidarta, N. (2020). Hubungan pes planus dan keseimbangan statis pada anak sekolah dasar. *Jurnal Biomedika Dan Kesehatan*, 3(2). <https://doi.org/10.18051/JBiomedKes.2020>
- Yulsyofriend, Y., Anggraini, V., & Yeni, I. (2019). Dampak Gudget Terhadap Perkembangan Bahasa Anak Usia Dini. *Pedagogi : Jurnal Anak Usia Dini Dan Pendidikan Anak Usia Dini*, 5(1), 25. <https://doi.org/10.30651/pedagogi.v5i1.2889>